

AQUATICS REGISTRATION



- Go to www.activenet.active.com/westminster to set up your account today!
- Registration for sessions A & B will begin
MONDAY, MAY 7:
Online: at 12:00 a.m.
In Person: at 7:30 a.m.; Community Services Department
- Registration for sessions C & D will begin
THURSDAY, JULY 12:
Online: at 12:00 a.m.
In Person: at 7:30 a.m.; Community Services Department
At the Pool: at 9:00 a.m.
- Parents/Guardians may only register their own children.
- All registration fees are NON-REFUNDABLE. Once registered, those who wish to transfer lesson times or sessions will be subject to a \$5.00 transfer fee each time for each student.
- When registering for more than 1 session, please sign your child up for the same level. In the event your child passes the level during the first session, we will move your child up to the next level at no charge if there is room. If there is not room in the next level, your child will repeat the same level and improve on skills learned. If you sign up for a level and your child has not passed the previous level you will be charged the \$5 transfer fees to move your child to the appropriate class. Please keep in mind, it typically takes more than one session to pass a level.
- Checks, cash and credit cards accepted.
- Questions?? Call us! Before June 25th: (714) 895-2860; beginning June 25th: (714) 715-0111.

POOL IS LOCATED AT:

LA QUINTA HIGH SCHOOL
10372 McFadden Ave.
Westminster, CA 92683

GENERAL POOL RULES

1. Children under the age of 7 MUST be accompanied by an adult at all times.
2. Swim suits ONLY. Street clothes are not permitted in the swimming pool.
3. The City of Westminster is not responsible for lost, damaged or stolen items/valuables.
4. No fins, masks, life vests (unless approved by the US Coast Guard), water rings or floatation devices allowed.
5. Patrons who do not abide by the rules may be asked to leave the facility.
6. Large day care groups/day camps (15+ people) must make a reservation at least one week in advance. Groups must provide one adult in swimming attire for every 10 children.
7. NO SMOKING, at any time on school property.
8. Participants must provide their own swim suit, towel and sunscreen. Sunscreen should be applied 30 minutes prior to the child entering the water.
9. Children who are not yet potty trained must wear a proper swim diaper.



Mayor Margie L. Rice
Mayor Pro Tem Tri Ta
Council Member Tyler Diep
Council Member Frank G. Fry
Council Member Andy Quach

CITY OF WESTMINSTER
Community Services & Recreation Department
8200 Westminster Blvd. • Westminster, CA 92683
714.895.2860 • www.westminster-ca.gov

2012 SUMMER AQUATICS



Online registration for sessions A & B
begins May 7, 2012 at 12:00 a.m. &
in person at the Community Services Building at 7:30 a.m.
To register online please visit:
www.activenet.active.com/westminster

All swim lessons are held at La Quinta High School Pool
located at 10372 McFadden Ave.

**Parks
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Life
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LESSON INFORMATION

Parent & Child (ages 6 months - 3 years)

Parent and child share the fun of learning to swim. You will assist your child with basic water adjustment, breath control, and swimming readiness. Class emphasis is on fun and safety in the water. Parent participation is required; one parent/adult per child. Class ratio - 10:1

Tiny-Tots (ages 3 to 5 years)

Students learn basic water adjustment, breath control, floating and arm and leg movement. Class emphasis is on fun and safety. Class ratio - 5:1

Level 1- Introduction to Swimming Skills (ages 5 years & older)

Students learn basic water adjustment, safety, floating, kicking, breath control, treading water, and arm and leg movement for front crawl and backstroke. Class ratio - 5:1

Level 2- Fundamental Skills (ages 5 years & older)

Prerequisite: pass level 1. Students learn the fundamental of front crawl, backstroke, treading water, floating, and water safety. Class ratio - 5:1

Level 3- Stroke Development (ages 6 years & older)

Prerequisite: pass level 2. Student learn front crawl with side breathing, elementary backstroke, scissor and dolphin kicks, treading water, survival float, and front dives. Concentration is placed on water safety, refinement of front crawl, building strength and endurance. Class ratio - 6:1

Level 4- Stroke Improvement (ages 6 years & older)

Prerequisite: pass level 3. Students are introduced to butterfly arms, side stroke arms, breaststroke, backstroke, and basic wall turns. Emphasis is placed on water safety, refinement of skills learned in previous levels and endurance. Class ratio - 6:1

Level 5-Stroke Refinement (ages 6 & older)

Prerequisite: pass level 4. This level is for advanced swimmers who demonstrate the skills learned in all previous levels. Students will refine their performance in all the strokes. Class ratio - 10:1

LESSON INFORMATION CONTINUED...

Level 6- Swimming and Skill Proficiency (ages 6 years & older)

Prerequisite: pass level 5. For competitive swimmers working to improve skills; emphasis is placed on endurance and skill refinement, along with water safety skills. Class ratio - 10:1

ADULT (ages 13 & older with little or no swimming experience)

This course is designed for adults with little to no swimming experience. Instructors teach comfort and safety in the water, basic swimming techniques and fundamentals.

Private Lessons

Designed for all ages and all levels of swimming experience. Class ratio of one participant to one instructor. There are four 20 minute classes per session.

FEES

Group Lessons: \$45.00 per session

(\$40 session A - no lessons July 4)

Each Session is Monday-Thursday for TWO (2) weeks. 30 minutes per lesson.

Private Lessons: \$90 per session

Tuesday's & Thursday's Only for TWO (2) weeks.

20 minutes per lesson.



FREE RECREATION SWIM

The pool at La Quinta High School will be open to the general public for recreational swim.

Monday's and Wednesday's ONLY!

2:00-3:00 PM

Registration for sessions A & B:

Online: May 7, 2012 at 12:00 a.m.

Save time and go online now to set up your account!

In-Person: May 7, 2012 at 7:30 a.m.

at 8200 Westminster Blvd.

LESSON SCHEDULE

GROUP LESSON SCHEDULE

9:00-9:30	Tiny Tots, Level 1, Level 2, Level 3, Level 4
9:35-10:05	Tiny Tots, Level 1, Level 2, Level 3, Level 4
10:10-10:40	Tiny Tots, Level 1, Level 2, Level 3, Level 4
10:45-11:15	Tiny Tots, Level 1, Level 2, Level 3, Level 4
11:20-11:50	Tiny Tots, Level 1, Level 2, Level 3, Level 5, Parent & Me
11:55-12:25	Tiny Tots, Level 1, Level 2, Level 5, Level 6, Adult
3:15-3:45	Tiny Tots, Level 1, Level 2, Level 3, Level 4
3:50-4:20	Tiny Tots, Level 1, Level 2, Level 3, Level 4
4:25-4:55	Tiny Tots, Level 1, Level 2, Level 3, Level 4
5:00-5:30	Tiny Tots, Level 1, Level 2, Level 3, Level 4
5:35-6:05	Tiny Tots, Level 1, Level 2, Level 3, Level 5
6:10-6:40	Tiny Tots, Level 1, Level 2, Level 3, Level 5, Parent & Me
6:45-7:15	Tiny Tots, Level 1, Level 2, Level 5, Level 6, Adult

PRIVATE LESSON SCHEDULE

Tuesday's & Thursday's Only!

2:00-2:20 & 2:30-2:50

SESSION SCHEDULE

Session A	June 25- July 5 (no lessons July 4)
Session B	July 9 - July 19
Session C	July 23 - Aug. 2
Session D	Aug. 6 - Aug. 16

See your summer brochure or visit our website for activity numbers!
www.westminster-ca.gov